

FY 2014

\$81,873 to the Mariposa Community Health Center to grow the Nogales Mercado (market) by recruiting and training vendors, and promoting the market to the public through advertising and market events.

Final Report

Farmers Market Promotion Program (FMPP) Final Performance Report

The final performance report summarizes the outcome of your FMPP award objectives. You will not be eligible for future FMPP or Local Food Promotion Program grant funding unless all close-out procedures are completed, including satisfactory submission of this final performance report.

This final report will be made available to the public once it is approved by FMPP staff. Write the report in a way that promotes your project's accomplishments, as this document will serve as not only a learning tool, but a promotional tool to support local and regional food programs. Particularly, recipients are expected to provide both qualitative and quantitative results to convey the activities and accomplishments of the work.

The report is limited to 10 pages and is due **within 90 days** of the project's performance period end date, or sooner if the project is complete. Provide answers to each question, or answer "not applicable" where necessary. It is recommended that you email or fax your completed performance report to your assigned grant specialist to avoid delays. Should you need to mail your documents via hard copy, contact FMPP staff to obtain mailing instructions: FMPP Phone: 202-720-4152; Fax: 202-720-0300

| | |
|--|---|
| Report Date Range: <i>(e.g. September 30, 20XX-September 29, 20XX)</i> | October 1, 2014 – March 31, 2016 |
| Authorized Representative Name: | Cassalyn David |
| Authorized Representative Phone: | 520.375.6050 |
| Authorized Representative Email: | c david@mariposachc.net |
| Recipient Organization Name: | Mariposa Community Health Center |
| Project Title as Stated on Grant Agreement: | Cosechando Bienestar (Harvesting Wellbeing): Enhancing the Nogales Mercado |
| Grant Agreement Number: <i>(e.g. 15-FMPPX-XX-XXXX)</i> | 14-FMPPX-AZ-0008 |
| Year Grant was Awarded: | 2014 |
| Project City/State: | Nogales, AZ |
| Total Awarded Budget: | \$81,873 |

FMPP staff may contact you to follow up for long-term success stories. Who may we contact?

Same Authorized Representative listed above (check if applicable).

Different individual: Name: _____; Email: _____; Phone: _____

According to the Paperwork Reduction Act of 1995, an agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0581-0287. The time required to complete this information collection is estimated to average 4 hours per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable sex, marital status, or familial status, parental status religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TDD). USDA is an equal opportunity provider and employer.

1. **State the goals/objectives of your project as outlined in the grant narrative and/or approved by FMPP staff. If the goals/objectives from the narrative have changed from the grant narrative, please highlight those changes (e.g. "new objective", "new contact", "new consultant", etc.). You may add additional goals/objectives if necessary. For each item below, qualitatively discuss the progress made and indicate the impact on the community, if any.**

The goal of the Cosechando Bienestar (Harvesting Wellbeing): Enhancing the Nogales Mercado is to increase the number of producers selling at the Nogales Mercado and the number and diversity of products available to consumers in Nogales, Arizona on the U.S.-México border. The primary objectives for achieving this market enhancement over an 18-month period are:

i. Goal/Objective 1: Build capacity of a producer/gardener cooperative, "La Mesa Cooperativa," to sell products on behalf of local producers;

a. Progress Made:

- Workshops and trainings (7 in total, described below in goal/objective 3), and technical assistance from regional partners (Community Food Bank of Southern AZ, Baja Arizona Sustainable Agriculture, Nogales Community Development) increased the capacity of vendors to produce and consign their products.
- During the grant period, the contracted consultant and market managers improved organization and accountability for inventory and sales of La Mesa, including implementing tracking systems according to the technical assistance from partners.

b. Impact on Community: A dedicated cadre of La Mesa volunteers and consigners serve as advocates for producing and consigning produce, as well as supporting local producers and individual health. The associated Nogales Community Demonstration Garden is also maintained by volunteers and all income from the sale of garden produce are reinvested in garden supplies and improvements. La Mesa is a reliable source of support for this program, which helps prepare individuals to produce in their own homes.

A high school senior conducted his Senior Project (the local high school's intensive year-long capstone requirement for graduating students) on the Nogales Mercado, receiving mentorship, researching best practices, conducting outreach, and service learning.

The contracted consultant guided the consignment table through different growing seasons, exploring different strategies to achieve the best variety and sources for products during winter and summer. La Mesa Cooperativa managers now have a regional network of consigners and an understanding of the optimal mix of vendors for each season. Through this process, vendors learned how to manage their crop plans to best meet customer demand, and customers learned when crops were in peak season and what to expect from a farmer's market.

ii. Goal/Objective 2: Increase marketing and outreach to attract sponsors, producers, and customers-- especially low-income residents, to the Nogales Mercado;

a. Progress Made:

Increased multimedia advertising:

- Contracted with local bilingual radio station for on-air advertising and extended live interviews.
- Increased print advertising in newspaper and magazines (local English-language newspaper, monthly community magazine, cross-border Spanish-language magazine, and regional "Edible" magazine)

- Increased posters, flyers, and shared outreach at key businesses, social service locations, and public spaces
- Purchased billboard advertisement on Nogales's main road, which was displayed for over a year

Mercado staff and volunteers built the electronic and social media presence of the Mercado, increasing the Facebook following by approximately 150 new likes. Many Facebook posts have a reach of over 600 people. Email newsletter subscriptions increased from under 100 at the outset to 272 in March 2016. The Mercado also has 150 Twitter followers. These media were jointly managed by the coordinator, partners, and consultant to optimize reach throughout our respective social networks.

During the performance period, special events provided opportunities to reach new customer groups and develop community partnerships.

- "Kids Can Cook!" was a new partnership with the Nogales Unified School District's Southwest Food Service to promote kids' engagement in healthy eating. A local mascot, Manny Panda, greeted children, the school district assisted with advertising, and 38 attendees participated in hands-on cooking demonstrations.
- A variety of music and entertainment events were held throughout the grant period, including bi-weekly open mic nights, ballet folklórico performances, and band concerts. Each event brought performers, their families and fans, and enriched the cultural and entertainment experience at the Mercado.
- The Mercado has developed alongside a local physical fitness movement called 0s3 (which sounds like zero stress when pronounced in Spanish). This includes a bike club that starts its regular family ride at the Mercado each week. 0s3 coordinates print advertising and social media outreach with the Mercado, creating synergy that increases attendance at each other's events.
- Health sciences students participating in an interdisciplinary summer service learning program provided health information and outreach at the Mercado one week.

b. Impact on Community:

This outreach included general advertising to customers, educating low-income residents about opportunities to use their food benefits at the Mercado, economic and health benefits of local, healthy foods, and vendor recruitment/outreach to entrepreneurs and potential partner organizations.

The new engagement with the Nogales Unified School District for outreach and events improved the Mercado's reach to key families. NUSD serves an important target population for the Mercado's services. Nogales's population is 95% Hispanic and the area is a designated food desert. The school district qualifies to include all of its students in the Federal Free Lunch program, due to the high number of students eligible.

Attendance varied with the growing season, weather, and events. The Mercado staff also experimented with different methods for recording attendance, including receiving suggestions from students at the University of Arizona. The lowest estimate was 35 customers and the higher estimates ranged in the seventies and eighties.

Sales varied along with attendance. The Farmer’s Market Nutrition Program vouchers were valid during the summer and fall seasons. Many clients waited to use their vouchers, and coordinated efforts by the WIC and Mercado staff members helped bring clients to the Market before vouchers expired. This resulted in spikes in sales. La Mesa Cooperativa regularly saw sales in the \$250 to \$300 range during the summer and fall months. Winter markets saw decreases in variety of produce and customer attendance, but would still over \$50 toward the end of the grant period.

iii. Goal/Objective 3: Provide training for local food producers to develop capacity and encourage greater local participation as market vendors.

a. Progress Made:

| Training | Attendees |
|--|---|
| 2015 Farmer’s Market Nutrition Program Training: How to become certified | 20 attendees including vendors, backyard growers, and established farmers |
| 2015 Consignment Table Training: How to be a successful vendor with La Mesa Cooperativa | 13 attendees, including backyard growers and small farmers |
| 2015 FDA labeling, importing, and exporting | 32 new, current, or potential Mercado vendors |
| 2016 Farmer’s Market Nutrition Program: official state certification training as well as a follow-up meeting to reinforce program requirements and Mercado logistics | 3 attendees, including new and established vendors |
| Throughout: Mariposa and NCD partnered to host vendor meetings on a monthly or quarterly basis, depending on the season | Attendance varied, topics included Mercado guidelines and requirements, planning events and discussing vendors’ roles in assisting with outreach and advertising. |
| Ongoing: Phone, email, and in-person technical assistance from Baja Arizona Sustainable Agriculture and Community Food Bank of Southern AZ | Mariposa, NCD staff, contracted La Mesa Consultant, and volunteers |

b. Impact on Community:

Participants in the vendor trainings gained technical knowledge and skills and developed a professional network among themselves where they learned from and supported each other. One example is a 2016 vendor meeting. The topic of creating an account with the company Square to accept credit cards and manage accounting arose. Vendors who used Square eagerly shared their experience. The session turned into an impromptu workshop, where more experienced vendors were helping their counterparts set up accounts and get started using the services. The same applies to the growing and production side of their businesses. Some vendors and volunteers are Master Gardeners, and they share their expertise with newcomers. The trainings and workshops create a forum and culture for participants to share information, from crop planning to displaying and selling produce.

The overall result of these trainings is participants developed as entrepreneurs. Mercado managers reported the vendors were more apt to see themselves as small business owners and/or farmers,

they improved and formalized their business practices and developed a more professional atmosphere at the Mercado.

2. Quantify the overall impact of the project on the intended beneficiaries, if applicable, from the baseline date (the start of the award performance period, September 30, 2014). Include further explanation if necessary.

- i. Number of direct jobs created: 1
- ii. Number of jobs retained: 1
- iii. Number of indirect jobs created: 0
- iv. Number of markets expanded: 1
- v. Number of new markets established: 0
- vi. La Mesa Cooperativa sales increased by \$434 and increased by 725%.
- vii. Number of farmers/producers that have benefited from the project: 29
 - a. Percent Increase in vendors: 167%

3. Did you expand your customer base by reaching new populations such as new ethnic groups, additional low income/low access populations, new businesses, etc.? If so, how?

The Farmer's Market Nutrition Program is administered by the local WIC office to provide low-income clients with increased access to fresh, local fruits and vegetables. The program coordinator recognized that some clients were unable to reach the Mercado due to transportation barriers. By leveraging connections to other programs, partners were able to provide transportation on a limited basis to these customers. As stated above, the increased coordination with the largest local school district improved outreach to low-income families in Nogales.

Other community-based healthy lifestyle programs have partnered with the Mercado to provide incentives for their participants. Two free community classes, one that assists adults at risk for heart disease and one that teaches youth about healthy eating, provide Mercado vouchers to their participants as an attendance incentive. The participants are able to redeem these vouchers for fresh produce, and the classes reimburse Mercado vendors.

4. Discuss your community partnerships.

- i. **Who are your community partners?**
 - ii. **How have they contributed to the overall results of the FMPP project?**
 - iii. **How will they continue to contribute to your project's future activities, beyond the performance period of this FMPP grant?**
- i. Nogales Community Development (NCD)
 - ii. NCD partnered in outreach to customers and vendors, including creating radio PSAs and participating in live interviews, staff educated community members about the Mercado at their organizations events and classes. NCD assisted in vendor training and capacity building by facilitating workshops on business development and labeling. In turn, NCD staff received the trainings and technical assistance from other partner organizations listed below, and assisted Mariposa staff with implementation and dissemination to vendors. Perhaps most importantly, NCD owns Mercado location, including parking.
 - iii. NCD continues to share management duties of the Mercado. They assist with vendor outreach, orientation, and support. NCD is in the final planning stages of a commercial-grade community kitchen next to the Mercado location and a business incubator nearby. Vendors will gain access

to space for food storage and preparation, as well as small business resources and support. NCD is committed to partner in Mariposa's 2016 FMPP program, if awarded.

- i. Community Food Bank of Southern Arizona (CFBSAZ)
 - ii. Staff provided trainings and technical assistance to Mercado staff and vendors on best practices for managing cooperative consignment table, as well as general market management. Staff facilitated a consignment workshop for current and prospective vendors and volunteers interested in consigning and staffing La Mesa Cooperativa.
 - iii. Mercado staff remain in contact with colleagues at CFBSAZ. We reach out to each other when new grant and partnership opportunities arise.
-
- i. Baja Arizona Sustainable Agriculture
 - ii. BASA members provided trainings during Mercado vendor workshops, sharing expertise both to individual vendors and the market managers. They also assisted with marketing, sharing Mercado advertising in their print and electronic media.
 - iii. Our organizations remain in contact with BASA members. BASA has provided a letter of support for Mariposa's 2016 FMPP application, and has committed to again serve as a technical advisor and trainer.

5. Did you use contractors to conduct the work? If so, how did their work contribute to the results of the FMPP project?

A contract consultant was hired to manage the Mercado's consignment table, La Mesa Cooperativa. Dick McCune worked in this position for approximately one year. His contributions were to build the capacity of La Mesa. He received training and technical assistance from partner organizations, recruited vendors, trained them on how to consign their products, and formalized inventory, sales, and other documentation.

Prospera Partners, LLC served as a contractor, providing marketing consulting. They were able to take logo artwork created by one of the Mercado vendors and design an advertising campaign for a variety of print and electronic media.

6. Have you publicized any results yet?*

- i. **If yes, how did you publicize the results?**
- ii. **To whom did you publicize the results?**
- iii. **How many stakeholders (i.e. people, entities) did you reach?**

We have not published outcomes or results from the program yet. Electronic copies of advertising materials are being sent electronically via email along with this report.

*Send any publicity information (brochures, announcements, newsletters, etc.) electronically along with this report. Non-electronic promotional items should be digitally photographed and emailed with this report (do not send the actual item).

7. Have you collected any feedback from your community and additional stakeholders about your work?

- i. **If so, how did you collect the information?**
- ii. **What feedback was relayed (specific comments)?**

Immediately prior to the start of this grant period, the University of Arizona Prevention Research Center completed an extensive community survey, so there were no formal initiatives to collect community

feedback during the grant period. The Mercado managers met regularly with key stakeholders, and collected informal, in-person feedback. The most common feedback was that all vendors, consigners, and project partners felt a common responsibility to recruit vendors and educate the community about the Mercado. Stakeholders continue to meet approximately once a month to develop and implement specific plans for outreach.

The program coordinator for the Farmer's Market Nutrition Program develops strong relationships with her program's clients. She would frequently discuss barriers and other feedback with these key market customers. Clients reported transportation as a barrier to attending the market, and requested a greater variety of products for purchase. The Mercado managers would relay the product requests to vendors and the community garden volunteers, who responded by providing as much of the requested products as possible. Partner organizations provided transportation from senior living centers to the market, and we are planning potential mobile markets in the future.

8. Budget Summary:

- i. As part of the FMPP closeout procedures, you are required to submit the SF-425 (Final Federal Financial Report). Check here if you have completed the SF-425 and are submitting it with this report:**
- ii. Did the project generate any income? Yes**
 - a. If yes, how much was generated and how was it used to further the objectives of the award?**

Total income for the project period was \$1,072. The income was generated through La Mesa Cooperative (The Cooperative Table), a consignment table where small-scale backyard growers consign their produce. The contracted consultant obtained the produce prior to the market, sold the product, and the proceeds were split 80% for the producer and 20% for La Mesa. The income was re-invested in the consignment table for outreach, supplies, and equipment.

9. Lessons Learned:

- i. Summarize any lessons learned. Draw from positive experiences (e.g. good ideas that improved project efficiency or saved money) and negative experiences (e.g. what did not go well and what needs to be changed).**

Transportation was a barrier for some elderly and low-income residents whom this initiative sought to include. Partners reflected on this and weighed the risks and benefits of taking the market on the road to reach these customers. Our future plans include obtaining funding to pilot and establish a mobile market that can visit senior and public housing locations.

During the monsoon season (July – September) poor weather sometimes decreased attendance or made unsafe conditions that necessitated closing the Mercado. Partners will continue to evaluate the cost-benefit of weekend morning hours to potentially alleviate this issue.

There is enormous value in building and maintaining strong organizational partnerships. The close partnership with Nogales Community Development assisted with continuity and sustainability of the Mercado, especially during a brief staff vacancy in the management position. The Food System Coordinator resigned in September 2015 to move out of state. The position was re-designed as a Nogales Mercado Coordinator to focus on the market and be more cost-effective, due to the end of the Community Food Program in September. During the vacancy, staff from NCD and La Mesa's coordinator were trained by Mariposa's accounting department to provide necessary documentation and reporting functions. The program experienced brief gaps in some data collection, such as Mercado attendance,

but the market never needed to close due to lack of staffing. This is a significant accomplishment and testament to the value of partnership.

ii. If goals or outcome measures were not achieved, identify and share the lessons learned to help others expedite problem-solving:

The Enhancing Nogales Mercado program achieved its goals and outcome measures.

iii. Describe any lessons learned in the administration of the project that might be helpful for others who would want to implement a similar project:

As above, transportation is a common barrier for low-income and elderly community members. Anything that program planners can do to address the need for transportation is valuable, such as planning the market in a walkable location, providing mobile markets, and working with partners to provide transportation.

10. Future Work:

i. How will you continue the work of this project beyond the performance period? In other words, how will you parlay the results of your project's work to benefit future community goals and initiatives? Include information about community impact and outreach, anticipated increases in markets and/or sales, estimated number of jobs retained/created, and any other information you'd like to share about the future of your project.

The gains from this project are continuing beyond the performance period. Mariposa continues to employ the Mercado Coordinator, and is actively pursuing both grant and program income funding sources to continue supporting this position. The consultant position for La Mesa Cooperativa is not filled at this point, but the table is able to support a part-time student assistant, and market managers will continue to explore staffing to maximize the consignment program. Dedicated volunteers and partner organization staff members provide in-kind time and assistance to continue the Mercado services. We are always seeking student internships and service learning opportunities to support Mercado initiatives.

The momentum created by the Enhancing the Nogales Mercado project includes increased community awareness of the Mercado, energized and better-prepared vendors who are dedicated to growing their businesses, and strengthened ties among partner organizations. NCD and Mariposa are committed to sustain the Mercado and continue to hold vendor meetings, conduct outreach across multiple media, and engage with the community on issues of access to healthy, local food.

Mercado managers continue to work closely with schools, WIC staff, and community-based health promotion programs to maximize cross-referrals and increase the Mercado's customer base. They specifically track the number of Farmer's Market Nutrition Program vouchers issued and redeemed and convey to eligible vendors the amount of vouchers they anticipate will be redeemed each week. This, along with tracking attendance and sales, allows vendors to predict and prepare for each week's volume. By improving tracking and communication such as this, vendors have data they can use to plan future growth of their business.

ii. Do you have any recommendations for future activities and, if applicable, an outline of next steps or additional research that might advance the project goals?

Mariposa Community Health Center submitted an application for the 2016 Farmer's Market Promotion Program. If awarded, that opportunity would enhance the Mercado and local food system by supporting

agritourism, farm to institution, farmer recruitment and retention, marketing and promotion, product diversification, and training and education. The project partners continue seeking opportunities to increase awareness for the 2016 Farmer's Market Promotion Program to build on gains from this funding cycle. Nogales Community Development will open its commercial kitchen on the market site and business incubator just a few blocks away later in 2016, creating new resources and opportunities for vendors and local farmers to grow their business.

HOMEMADE. HOMEGROWN. HANDMADE.

DON'T MISS THE

Nogales Mercado

FARMERS MARKET

SHOP LOCAL. EAT HEALTHY.



EVERY FRIDAY

4 - 7 p.m. May through September

3 - 6 p.m. October through April

Locally grown produce, artisan goods, music, & more
On the corner of Court St. & Morley Ave., Nogales, AZ



www.NogalesMercado.com

PAYMENTS ACCEPTED



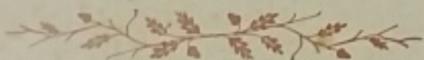


1852 N. Mastick Way
Nogales, AZ 85621
520-375-6050

EVERY FRIDAY



4 – 7 p.m. May through September
3 – 6 p.m. October through April



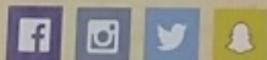
Locally grown produce, artisan goods, music, & more
On the corner of Court St. & Morley Ave., Nogales, AZ



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www.NogalesMercado.com



Weekly Nogales
MERCADO!

FRIDAYS 4-7 P.M.

AT COURT ST.
& MORLEY AVE.

*Local produce,
demonstrations
& fun!*

Cosechando
BIENESTAR





Nogales Mercado

Todo los Viernes por la tarde
Mayo-Septiembre 4pm - 7pm
Octubre-Abril 3pm -6pm

Ubicado en la esquina de
Court St. y Morley Ave.
Nogales, AZ

Aceptamos FMNP!



Los vendedores de "Nogales Mercado" aceptan SNAP (estampillas) como pago. También aceptan WIC, vales para fruta, vegetales y "Farmer's Market Nutrition Program" (FMNP) ¡Visitenos cada Viernes!




Nogales Mercado

Viernes 4-7pm
Morley Ave. & Court St.

Aceptamos:
SNAP • WIC • FMNP



Locally-Grown Produce, Artisan Goods, Music & More

May-September 4pm - 7pm



October-April 3pm - 6pm

EVERY FRIDAY

163 N. Morley Avenue—Nogales, AZ

"Little Mercado"

N. Morley Ave.

E. Court St.

E. East St.

SNAP/WIC/FMNP/Debit Accepted

FOOD CITY

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Nogales Mercado



Every Friday Afternoon
May-September 4pm – 7pm
October- April 3pm -6pm

At the "Little" Mercado
Corner of Court St. and Morley Ave.
Nogales. AZ



Weekly Newsletter

This week at the "Little" Mercado

Why wait in line at the grocery store? Come on down to the Mercado and shop at La Mesa Cooperativa. Let's not forget you are shopping the healthy way and local!

Here are some items you'll see this week.

- From Dirty Girl Farmette:
- From San Xavier Farm:
- From Sleeping Frog Farms:
- From Brendy's:

Stop by and visit our vendors, you won't leave disappointed!

- Honey, Cheese, fresh salsa and Tortillas from Mr. Cesar Martinez Farm
- Maria Elena's beautiful handmade purses, organic soaps and MORE!
- Hilda's healthy meat and corn tamales

Don't forget to pick up your **FREE** Edible Baja Magazines. Always featuring great and healthy recipes, wonderful restaurants and much more.

Do you have an interest in growing your own vegetables or fruit? Don't have time or have enough to sell for a whole table?

Well, don't worry!

[La Mesa Cooperativa](#) consignment program is perfect for you. [La Mesa Cooperativa](#) is designed for backyard growers and farmers who are either unable to be present at the Nogales Mercado, or only have a small amount of surplus good to sell.



For more information please email borderviewmail@gmail.com

SNAP Benefits promotion continues!!

We match up to \$10 FREE SNAP dollars when shop at the Nogales Mercado.



Nogales Mercado Vendors accept SNAP (food stamp) as payment. *Certain Vendors accept WIC, Cash Value Vouchers for fruits, vegetables and Farmer's Market Nutrition Program vouchers. We accept Debit cards (\$.50 fee)

Winter Citrus & Pomegranate Fruit Salad

Ingredients

- 8 oranges
- 4 grapefruit
- 1 pineapple
- 6 kiwis
- 1 1/2 cups pomegranate seeds

Preparation

1. On a cutting board, using a sharp knife, cut off top and bottom of an orange. Moving the orange around and cutting top to bottom, slice off the peel and white pith. Working over a large bowl, cut in between membranes to remove orange segments, catching juice in bowl as you go. Repeat with remaining oranges and grapefruit. 2. Cut off top and bottom of pineapple. Remove rough outside of pineapple by slicing it off from top to bottom. Cut pineapple in half lengthwise, then cut each half in half again, also lengthwise. Slice out core. Cut pineapple into chunks; add to bowl. Peel kiwis and cut in half lengthwise. Slice kiwis into bowl with other fruit. Gently toss fruit to mix. Cover and chill for at least 2 hours. 3. Sprinkle fruit salad with pomegranate seeds just before serving, if desired.

Friday's Weather



Low 34° with a high of 57°
Chance of rain 40%
Don't forget to bring your umbrella

The means to reach us
nainza@mariposachc.net or santosy@nogalescdc.org
Visit www.nogalesmercado.org



Stay tune for special events and much more!